PARENTS CAN HELP BY:

- listening to children and seeking further clarification from the school
- keeping a written record (who, what, when, where, why, how) of bullying reports
- advising children to tell a staff member about bullying incidents
- encouraging children to take positive action, not retaliation
- watching for signs of distress, eg: unwillingness to attend school, a pattern of headaches, missing equipment, requests for extra money, damaged clothes or bruising
- taking an active interest in children’s social life and friends
- being willing to attend requested interviews at the school
- being willing to inform the school of any cases of suspected or reported bullying
- becoming aware of the school's 'Behaviour Management Plan' and available resources.
- monitoring children’s use of internet & mobile phones

Remember…….

IF YOU ARE NOT BEING BULLIED, BUT YOU ARE AWARE OF OTHERS WHO ARE…….
YOU CAN AND SHOULD DO SOMETHING ABOUT IT

Working together creates a more harmonious, Christian environment at St Joseph’s Tobruk

Further literature and resources on bullying are available to you at the St Joseph’s Library.
DEFINITION
Bullying is an intentional, repeated misuse of power causing embarrassment, pain or discomfort to another.

BULLYING HAPPENS:
when a person repeatedly and intentionally
• is hit, punched, jostled or pushed around
• is called hurtful, abusive or offensive names
• is threatened
• is a target of abusive or obscene language
• is ridiculed about appearance, gender, abilities or disabilities
• is teased in a sarcastic or nasty manner
• has rumours spread about him/her
• has his/her property interfered with
• has offensive gestures made at him/her
• has offensive comments written about him/her
• is singled out for unfair treatment or excluded

It can occur in the following situations; when:
• a child bullies another child
• an adult bullies a child
• an adult bullies another adult
• a child bullies an adult

At St Joseph’s Tobruk we have an expectation that everyone will be treated with respect (see Respect Rules).

RIGHTS
All members of the St Joseph’s Tobruk school community have a right to feel safe, valued and respected.

RESPONSIBILITIES
It is the responsibility of staff, parents and children to help prevent bullying at St Joseph’s Tobruk. This can happen by:
• reporting bullying
• refusing to support bullying
• being role models in word and action
• having the courage to help protect self and others in bullying situations

CHILDREN CAN HELP BY:
• reporting incidents or suspected incidents of bullying
• breaking down the code of secrecy surrounding bullying
• adopting the taught social behaviours
• using peaceful conflict resolution strategies
• using TWISTS Strategies

STAFF CAN HELP BY:
• being observant of signs of distress or suspected incidents of bullying
• being aware of potential for bullying situations in specific areas and during recess
• ensuring children are adequately supervised at critical times eg. before and after breaks
• taking steps to help victims and bullies (may include informing parents and other carers)
• teaching appropriate social behaviours as outlined in the school’s Behaviour Management Plan
• Reporting and Recording incidents

YOU CAN MAKE A DIFFERENCE

CHILDREN, STAFF & PARENTS CAN HELP TO PREVENT BULLYING AT JOEY’S