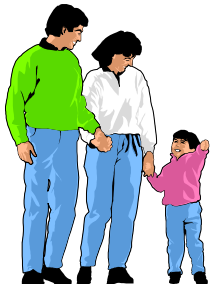


## PARENTS CAN HELP BY:

- listening to children and seeking further clarification from the school
- keeping a written record (who, what, when, where, why, how) of bullying reports
- advising children to tell a staff member about bullying incidents
- encouraging children to take positive action, not retaliation
- watching for signs of distress, eg: unwillingness to attend school, a pattern of headaches, missing equipment, requests for extra money, damaged clothes or bruising
- taking an active interest in children's social life and friends
- being willing to attend requested interviews at the school
- being willing to inform the school of any cases of suspected or reported bullying
- becoming aware of the school's 'Behaviour Management Plan' and available resources.
- monitoring children's use of internet & mobile phones



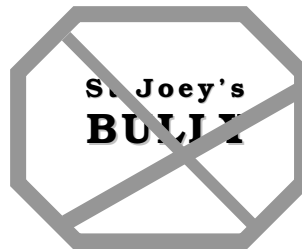
Remember.....

IF YOU ARE NOT BEING  
BULLIED,  
BUT YOU ARE AWARE OF  
OTHERS WHO ARE.....  
  
YOU CAN AND SHOULD DO  
SOMETHING ABOUT IT

Working together creates a more harmonious,  
Christian environment at St Joseph's Tobruk



*Further literature and resources on bullying are  
available to you at the St Joseph's Library.*



# ST JOSEPH'S TOBRUK

## BULLYING PREVENTION



St Joseph's  
Tobruk Memorial School

# A

## SCHOOL POLICY

BULLYING IN  
ALL ITS FORMS  
HAS NO PLACE AT  
ST JOSEPH'S TOBRUK

## DEFINITION

**Bullying is an intentional, repeated misuse of power causing embarrassment, pain or discomfort to another.**

## BULLYING HAPPENS:

when a person repeatedly and intentionally

- is hit, punched, jostled or pushed around
- is called hurtful, abusive or offensive names
- is threatened
- is a target of abusive or obscene language
- is ridiculed about appearance, gender, abilities or disabilities
- is teased in a sarcastic or nasty manner
- has rumours spread about him/her
- has his/her property interfered with
- has offensive gestures made at him/her
- has offensive comments written about him/her
- is singled out for unfair treatment or excluded

It can occur in the following situations; when:

- a child bullies another child
- an adult bullies a child
- an adult bullies another adult
- a child bullies an adult

At St Joseph's Tobruk we have an expectation that everyone will be treated with respect (see *Respect Rules*).

## RIGHTS

All members of the St Joseph's Tobruk school community have a right to feel safe, valued and respected.

## RESPONSIBILITIES

It is the responsibility of staff, parents and children to help prevent bullying at St Joseph's Tobruk.. This can happen by:

- reporting bullying
- refusing to support bullying
- being role models in word and action
- having the courage to help protect self and others in bullying situations

**YOU CAN MAKE  
A DIFFERENCE**



**CHILDREN, STAFF & PARENTS  
CAN HELP TO PREVENT  
BULLYING AT JOEY'S**

## CHILDREN CAN HELP BY:

- reporting incidents or suspected incidents of bullying
- breaking down the code of secrecy surrounding bullying
- adopting the taught social behaviours
- using peaceful conflict resolution strategies
- using TWISTS Strategies

## STAFF CAN HELP BY:

- being observant of signs of distress or suspected incidents of bullying
- being aware of potential for bullying situations in specific areas and during recess
- ensuring children are adequately supervised at critical times eg. before and after breaks
- taking steps to help victims and bullies (may include informing parents and other carers)
- teaching appropriate social behaviours as outlined in the school's Behaviour Management Plan
- Reporting and Recording incidents